

TO: Officials, Athletic Directors & Track Coaches of Altoona, Cadott, Fall Creek, Gilman, McDonell  
Central Catholic, Osseo-Fairchild, Owen-Withee and Thorp Middle Schools

FROM: Elissa Upward  
Athletics & Activities Director  
School District of Altoona

RE: 2021 AMS Track & Field Invite, Tuesday, May 11, 2021

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## 2021 Altoona Middle School Track & Field Invite

Tuesday, May 11, 2021 4:15 PM  
Oakleaf Stadium, [711 7th St W, Altoona, WI 54720](#)

Altoona, Cadott, Fall Creek, Gilman, McDonell Central Catholic, Osseo-Fairchild, Owen-Withee and Thorp Middle Schools

**ENTRY FEE:** \$100.  
*Please make checks payable to:* The School District of Altoona  
1903 Bartlett Ave. Altoona, WI 54720

**ATHLETIC TRAINER:** Generously provided by Chippewa Valley Orthopedics and Sports Medicine, located at the finish line.

**EVENT PROTOCOL:** Please share the following information with all team members and spectators:  
[Altoona Hosting Protocol/Guidelines Spring 2021](#).

**FACILITIES:** Our track is a 400 meter all-weather surface with eight (8) lanes/nine (9) sprint lanes. [Click Here](#) for map of location of events, restrooms, bus parking, team area, etc. **The infield will be closed to all spectators and athletes not competing in an upcoming event.** Restrooms will be located in the CCF Depot, along with a small concession stand. Additional portable restrooms available on site.

**SCRATCH MEETING:** The scratch meeting will be held at 3:45 PM in the center of Fuzzy Thurston Field. We ask that only ONE coach attends per team. Field Events will begin at 4:15 PM, and Running Events will begin at 4:30 PM.

**IMPLEMENTS:** Implement weigh in will begin at 3:45 PM behind the visitors bleachers, on the northside of Oakleaf Stadium.

### ONLINE ENTRY PROCESS:

Entries must be completed by visiting [www.ptftiming.com](http://www.ptftiming.com). To find your event, click on *Schedule*; then scroll or search to find your event. If you have not registered for a meet yet on MileSplit (program used for entries), you will need to create a login for yourself and put in a request to "claim" your school's account, which can take up to 48 hours. Once you have access to your team's account, you will be able to login and place your entries. If you have any questions with the entry process, please contact [support@milesplit.com](mailto:support@milesplit.com).

### ONLINE ENTRY DEADLINE & LATE ENTRY FEE:

The deadline for online entries is 12:00 pm (noon) on Sunday, May 9th, 2021. Entries Open at 12:00 pm (noon) on Wednesday, May 5, 2021. Prior to the deadline, Coaches should look over all entries. Changes and/or additions will not

be made the day of the event (scratches only after the deadline).

The limit per team per event is three (3). An individual may enter in a maximum of four (4) events but no more than three (3) running events or three (3) field events. Boys and Girls relay teams may enter one (1) relay team for each relay (3200, 1600, 800 and 400).

**EXCHANGE ZONE JUDGES:** 400 Meter and 800 Meter Relay Exchange Zone Judges to be determined during Coaches meeting.

**MISC.** (4) throws will be allowed in both the shot put and discus events and (4) jumps allowed in the long jump and triple jump events. There will be no trials/finals in any running or field event. Sprints will be seeded slow to fast in the heats. ¼ inch pyramid spikes are permitted for all events.

## **ORDER OF EVENTS**

**3:45 COACH'S SCRATCH MEETING** (Center of Fuzzy Thurston Field)

**3:45 IMPLEMENT WEIGH IN** (North side of Oakleaf Stadium/Behind Visitor Bleachers)

**4:15 FIELD EVENTS** (Cafeteria style. No trials; all events will be finals).

- High Jump (Boys followed by Girls) -opening heights determined @ coaches meeting
- Long Jump (Girls Open Pit until 5:15)Boys to Follow) - 4 jumps
- Shot Put (Boys followed by Girls) - 4 throws
- Discus (Girls followed by Boys) - 4 throws

**4:30 RUNNING EVENTS** (Girls First, Followed by Boys)

1. 100 M Hurdles
2. 100 M Dash
3. 1600 M Run
4. 4x100 M Relay
5. 400 M Dash
6. 200 M Dash
7. 800 M Run
8. 4x200 M Relay